

Sustainability Solution



Communities in Motion

Bringing active transportation to life



Photo: Robin Bennett

Overview

What is active transportation?

Why it matters

Our challenge

A framework for action

Resources

What is active transportation?

Any form of human-powered travel

...primarily...

...but also...

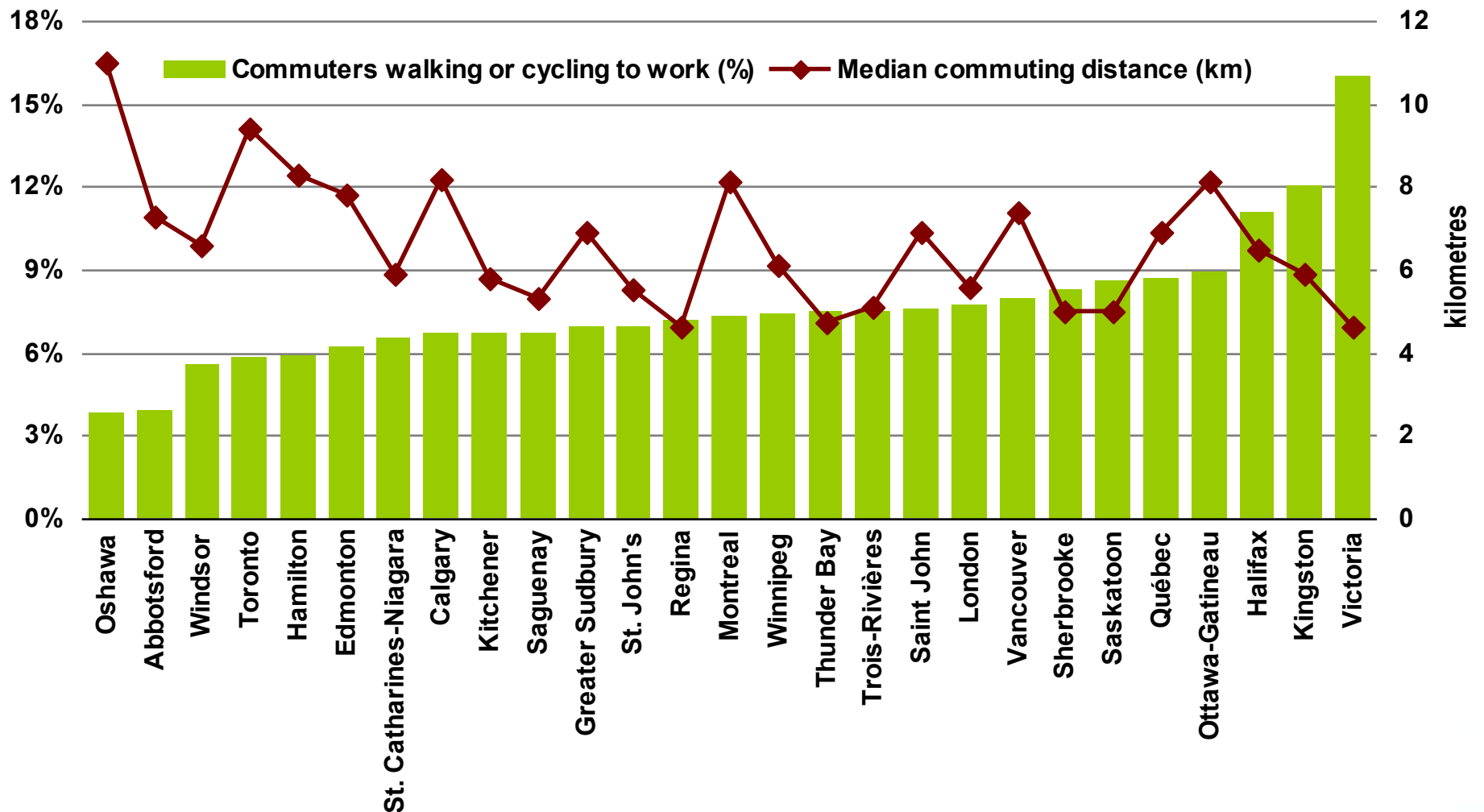


Why it matters



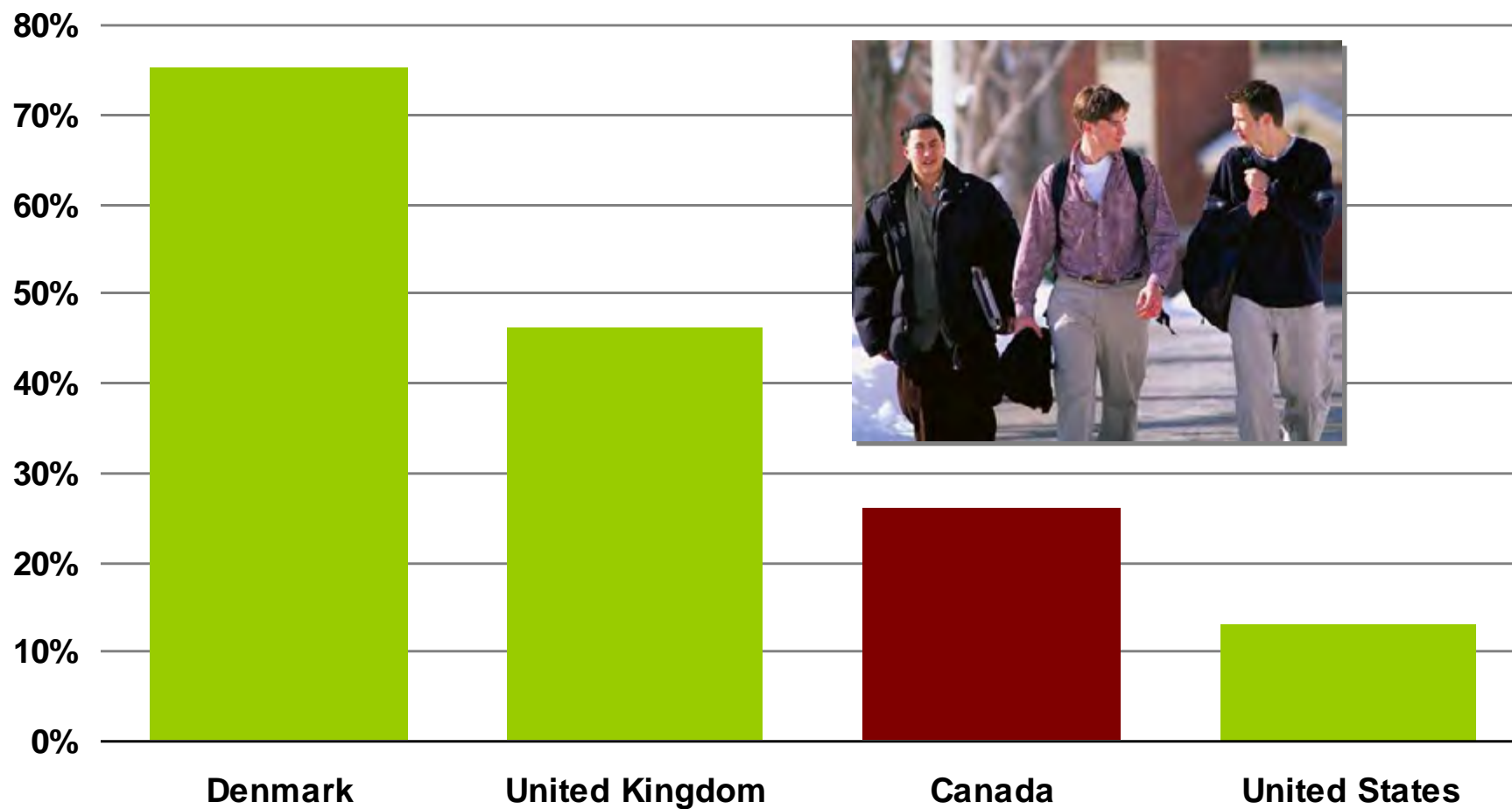
Our challenge: Travel to work

Commuters walking or cycling to work and commuting distance (census metropolitan areas, 2006)



Our challenge: Travel to school

Children's rates of walking or cycling to school: An international comparison



Our challenge: Overcoming barriers

Poor weather



Walking & cycling facilities



Bicycle parking



Photo: Dan Burden/www.pedbikeimages.org

Safety concerns



Photo: Dan Burden/www.pedbikeimages.org

Time pressures



Our challenge: A community response

**If we don't change direction,
we might end up where we're heading.**

- Lao Tzu

Learn from others



Create a strategy for local success



Implement and integrate across municipal activities

A framework for action

Commitment

Planning

Facilities

Promotion

A framework for action

Commitment

Enable active transportation through everyday operations



Planning

Provide adequate resources



Facilities

Involve the public



Promotion

Lead by example



Town of Markham

A framework for action

Commitment

Planning

Facilities

Promotion

Toronto, Ont.



Photo: City of Toronto

Greater Sudbury, Ont.



Photo: City of Greater Sudbury

Winnipeg, Man.



Photo: City of Winnipeg

A framework for action

Commitment

Create an active transportation strategy



Planning

Integrate planning for all modes



Photo: City of Ottawa

Facilities

Strengthen land use plans and policies



Photo: TransLink

Promotion

Raise the bar for new development



A framework for action

Commitment

Halifax, N.S.



Photo: Roxane MacInnis/
Halifax Regional Municipality

Planning

Kamloops, B.C.



Photo: City of Kamloops

Facilities

Quebec, Que.



Promotion

Vancouver, B.C.



Photo: City of Vancouver

A framework for action

Commitment

Planning

Facilities

Promotion

Build streets for everyone



Photo: City of Toronto

Offer off-road options



Photo: John Luton/Capital Bike and Walk Society

Make the transit connection



Photo: City of Ottawa

Help travellers end their trip



A framework for action

Commitment

Planning

Facilities

Promotion

Whitehorse, Yukon



Photo: City of Whitehorse

Ottawa, Ont.



Photo: Office of Diane Holmes/City of Ottawa

Waterloo Region, Ont.



Photo: Region of Waterloo

St. John's area, N.L.



Photo: Grand Concourse Authority

A framework for action

Commitment

Maximize your market



Photo: TransLink

Planning

Focus on safety



Photo: TransLink

Facilities

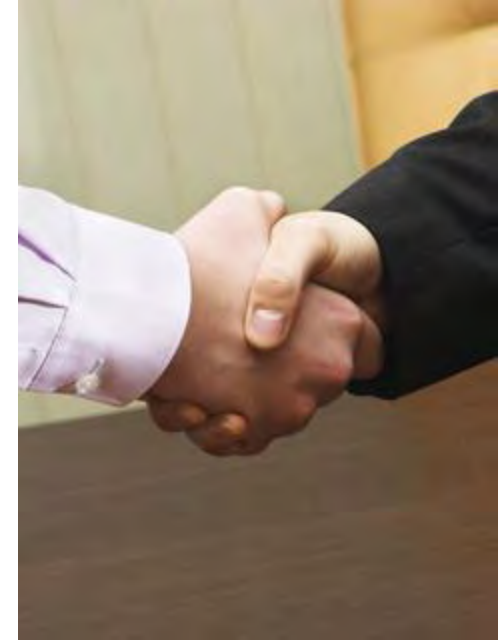
Help children get to school



Photo: Green Communities Canada

Promotion

Extend your reach with partnerships



A framework for action

Commitment

Metro Vancouver, B.C.



Photo: TransLink

Planning

Peterborough, Ont.



Photo: City of Peterborough

Facilities

Montreal, Que.



Photo: City of Montreal

Promotion

Central Okanagan, B.C.



Photo: City of Kelowna, Transportation Demand Management

Resources

**Federation of Canadian Municipalities (FCM)
Green Municipal Fund**
www.fcm.ca/gmf transportation@fcm.ca

Transport Canada
www.tc.gc.ca/urban

Public Health Agency of Canada
www.phac-aspc.gc.ca/pau-uap

Centre for Sustainable Transportation
<http://cst.uwinnipeg.ca>

Canadian Fitness & Lifestyle Research Institute
www.cflri.ca

Green Communities Canada
www.greencommunitiescanada.org www.saferoutestoschool.ca

Acknowledgements

FCM | Green Municipal Fund
Fonds municipal vert

 Transport Canada Transports Canada

The way ahead

Bringing active transportation to life in our own community

Why is it important?

What successes have we enjoyed?

What challenges do we face?

How can we make a stronger commitment?

What plans and policies do we need?

How can we improve our facilities?

How can we promote it more effectively?